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# Anchorage Native News

VOL. 2, NO. 3

ANCHORAGE, ALASKA

FALL EDITION



Mrs. Lu Young pictured with (left to right) Katherine Gottlieb, President/CEO; Alexis K Colberg, Department Manager; Evelyn Tunley-Daymude, Manager Staff Development; and Ileen Sylvester, Vice President Operations joins Early Head Start in cutting the ribbon at the new Early Head Start Facility.

## Ms. Lu Young joins Southcentral Foundation for Early Head Start ribbon-cutting ceremony

Ms. Lu Young, Congressman Don Young's wife, participated in a ribbon cutting ceremony for Southcentral Foundation's Early Headstart program located in the Northway Mall. Ms. Young, grandmother of seven, has long held an interest in the advocacy of health care delivery for Alaska Natives and American Indians.

Ms. Young shared how recent discussions with other Congressional delegates have raised the awareness of the struggles Alaskans have with the harsh environment and travel issues within current funding levels.

"Six years ago, the Appropriations chairmanship changed from a Democratic chair to a Republican chair during the debates on re-appropriations for Native American and Interior Appropriations to educate him on the difficulties faced by Native entities in providing healthcare delivery to their membership. He was impressed by the diverse geographic problems faced by healthcare providers and agreed with my husband, Chairman Don Young, to increase the appropriations for Native programs. I was pleased to be a part of this important effort

on behalf of Alaska Natives."

Southcentral Foundation's Headstart program is funded to serve 170 children ages zero to five. The expansion allows 92 more children to be enrolled at the Northway Mall location.

Mr. Robert Singyke, SCF Board member, Ms. Katherine Gottlieb, SCF President and Chief Executive Officer, Ms. Rita Blumenstien, Tribal Doctor, and also Ms. Alexis K Colberg, Early Headstart Manager participated in the ceremony.



Buz Daney and Rita Blumenstein, SCF Tribal Doctor (left) perform at the groundbreaking ceremony for the Primary Care Center expansion. Also present were SCF Board members (right) Barbara Donatelli, Mayor George Wuerch, Roy Huhndorf, Robert Singyke, John Evans, Sophia Chase, Jodi Pike, adolescent intern, and Katherine Gottlieb, President and CEO.



## Construction begins on Primary Care Center

The Anchorage Native Primary Care Center, across from the Alaska Native Medical Center (ANMC), will soon more than double in size. Southcentral Foundation began construction in July on a 60,000 sq. ft. expansion of the existing 40,000 sq. ft. facility which, when complete in November 2001, will bring the building to 100,000 sq. ft.

SCF worked closely with the firm that designed the main hospital, NBBJ Architects, to ensure the new building fits into long-term plans for ANMC and the Alaska Native Health Campus. The expansion's design is inspired by Native motifs and Alaska's natural setting and has as its center piece traditional healing. The shapes, contours, textures and colors are the result

of extensive research on the Alaska environment and discussions of village life and traditional healing practices with Alaska Natives. The new building also features space for gatherings and a health information center in the lobby where clients can find information about services or health topics.

SCF has planned the expansion for several years. When planners designed the existing PCC in the mid-1990s, they knew patient volume would rapidly outgrow the building. But available funding at the time limited the PCC to its current size. The predicted increases came. ANMC was designed to handle up to 100,000 outpatient visits a year. The first year it opened, it handled 250,000 visits; three years later it is handling 350,000 visits. This large increase is due to population

growth and the trend among Alaska Natives to move from rural villages to Anchorage.

In addition to the patient resource center, the expansion will provide much-needed additional space to the programs currently housed in PCC. These include Family Medicine, Pediatrics, Women's Health, Mental Health, Pharmacy, Radiology, Laboratory and a new service called Physical Medicine. Physical Medicine will include physical therapists, acupuncturists, chiropractors and massage therapists. With the incorporation of Native healing practices and Native ways, these services round out a full spectrum of primary care services centered upon the Native individual, family and community.



Construction of the Phase II Anchorage Native Primary Care Center expansion began in July (left) and will be complete in November of 2001. The new building features space for gatherings and a health information center in the lobby. It will also provide additional space for existing programs.

Entrance closures (right) beginning in late spring of 2001 at the Anchorage Native Primary Care Center will result in a new lobby connecting the existing building with the new section.



## Primary Care Center expansion under construction

Patients at the Anchorage Native Primary Care Center may have noticed that the main entrance across from the Alaska Native Medical Center was closed briefly in August as construction progresses on the 60,000 sq. ft. expansion of the building. The first closure lasted only a few weeks. Because the expansion calls for a new lobby to connect the

existing building with the new section, the north entrance will close for several months beginning in late spring 2001.

"We realize closing the north entrance will be inconvenient," SCF President and CEO Katherine Gottlieb said. "But the end result of a 100,000 sq. ft. facility and the new features the additional space allows are definitely

worth it."

Foot and vehicle traffic will be rerouted around the northeast corner of the building during the closure, with employee parking adjacent to Diplomacy Drive and in the lot east of the building. Patient parking will be on the south (Tudor) side of the building until construction is complete.

## ANMC dental clinic hosts dental challenges event

This year's annual Dental Challenges event was coordinated by Dr. Paul Johnson. The Alaska Native Medical Center dental clinic hosted the occasion for Indian Health Service dentists from other Alaska areas. This annual event is held to familiarize the dentists new to the area with Edodontics, Oral Surgery, Pediatric Dentistry and rural dental programs.

Dr. Johnson said, "This year's Dental Challenges were very successful. The participants were very eager to learn how to provide the best dental services in the rural village setting."

## Dena A Coy and Pathway Home groundbreaking held



SCF Elder Council Chairman Joe Oskolkoff (foreground) says a prayer at the site blessing recently for the new Dena A Coy and Pathway Home facilities being built. In the background, from left to right, are Barbara Donatelli, SCF board member; Robert Singyke, SCF board vice chair; Katherine Gottlieb, SCF president and CEO; Sophia Chase, SCF board chair; and Roy Huhndorf, SCF board member.

## Behavioral Health Services' office move complete

Southcentral Foundation's Behavioral Health Services has completed its move from the 670 West Fireweed Lane building to the new location at 401 East Fireweed Lane, just down the street. Phone numbers have not changed: 265-4220 is the main line and 265-4233 is the fax. "Both staff and clients love the new space," BHS Department Manager Tim Chu says. "It's much bigger and more comfortable and inviting."

BHS' 28 employees serve the mental health needs of Alaskan children, adolescents, adults and senior adults. Services include individual, group and family counseling with Master's and doctorate level therapists who are sensitive to cultural needs. Two psychiatrists are available to provide adult, child and adolescent psychiatry. An evening

intensive outpatient adolescent program is available with school consultation, family and individual therapy, Saturday programming, case management and transportation services. BHS also offers extensive domestic violence counseling, case management services and psychological testing services.

Over the past year the average waiting time for appointments has dropped to only 4.5 days from the initial call to the first appointment offered. Evening appointments for counseling and psychiatry are also available. Walk-in appointments are also available. Referrals are accepted from individuals, agencies and self-referrals. For information or to make an appointment, call 265-4220.

## Corporate Compliance program under works

Southcentral Foundation is developing a Corporate Compliance Program, highly recommended by the Office of the Inspector General of the Health Care Finance Administration. This program will deal with collecting and spending federal health care monies, including Medicare and Medicaid. It is in response to the concerns raised by Congress about the fraud and abuse activities reported nationwide. All Southcentral Foundation departments will be part of this plan including the Alaska Native Medical Center and the applicable Human Services Division programs.

In meeting the mission statement of Southcentral Foundation, SCF has formed or joined in partnerships statewide and locally to reach the goal of the vision statement. The purpose of SCF is to address the needs of Alaska Native/American Indian people. For questions, comments, or submission of articles, write to Anchorage Native News Editor, Southcentral Foundation, 4501 Diplomacy Drive, Anchorage, Alaska 99508; or call (907) 729-4955. ANN reserves editorial rights to all submissions for content. All articles will be considered for each publication, dependent on the space available. Deadline for next issue is February 16, 2000.

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Southcentral Foundation's Quayana Clubhouse held an open house in August to welcome the community to the new Clubhouse. Between 60-70 members, SCF employees, agency contacts and family members joined Clubhouse staff for a brief program and a lunch featuring Native foods. Members of the Eklutna Native Village and the Chickaloon Dancers performed several songs. Vern Anderson (near right) prepared a delicious lunch with help from Clubhouse members and staff.



## Cook Inlet Tribal Council provides an array of services

Cook Inlet Tribal Council was formed by CIRI in 1983 as the non-profit tribal organization for the Cook Inlet region. CITC administers programs to promote self-esteem and self-determination through culturally competent education, training, rehabilitation, employment and related services for the Native community.

CITC's **Cook Inlet Tribal Education Center** offers a wide variety of educational services located at 3600 Lake Otis Parkway, Suite 203.

The **Tribal Higher Education Program** addresses the post-secondary educational needs of CIRI tribal members. The supplemental financial program provides assistance to CIRI shareholders and their descendants (as noted on Certificate of Indian Blood) pursuing associate's or bachelor degree regardless of residency at an accredited college or university. Students from Tyonek, Ninilchik, Kenai, Chickaloon, Knik and Salamatoff must apply directly to their tribal councils. For more information about the program or eligibility requirements contact 1 (877) 595-5900 ext. 5904 outside Anchorage or 265-5904 in Anchorage.

The **Youth Enrichment Program** located at the Cook Inlet Tribal Education Center across the street from the University of Alaska Anchorage campus provides comprehensive services to students attending UAA. Students can take college courses from UAA-approved adjunct professors hired by CTIC to receive tutoring and counseling. A computer lab and resource library are also available.

The new **Department of Education Title IX** program addresses the needs of Alaska Native and American Indian high school students who need to pass the new State of Alaska High School Graduation Qualifying Exam, which will begin this school year. In this first year of implementation, CITC will focus on two designated schools in the

Anchorage School District, with two additional schools added in year two. A second component of the grant is to assist teacher aides and candidates to pass the PRAXIS I Pre-Professional Skills Test necessary for teacher certification by the State of Alaska. A two-week intensive institute will bring candidates from across the state into Anchorage for prep-work and test taking strategies. For more information call (907) 265-5900.

### **Ernie Turner Center**

CITC offers substance abuse treatment through the Ernie Turner Center (ETC). Treatment is offered on an in-patient, out-patient and continuing basis following treatment. Upon completion of the in-patient or out-patient programs, clients are automatically enrolled in the Continuing Care Program, during which counseling sessions focus on relapse prevention and skills for re-entry into the everyday world.

ETC's **In-Patient Program** is nationally accredited. Located in Anchorage, it is designed specifically for Alaska Natives with alcohol and/or drug abuse problems. The specialized design of the recovery program makes the center different from other facilities. The center begins the recovery process with an in-depth assessment of treatment needs. The program treats alcoholism as a disease and emphasizes a step-by-step recovery with the goal of restoring the client to a healthy environment. Clients are strongly encouraged to affiliate with Alcoholics Anonymous and Narcotics Anonymous as part of the recovery sequence. Clients are expected to participate in a variety of activities, including cultural sensitivity sessions, which help clients learn about and use the strengths of their culture in restoring self-esteem. Treatment through ETC is funded by the State of Alaska, Indian Health Service, the Center of Substance Abuse Treatment and on a private-pay basis. More information is available by calling 561-5337.

### **Transitional Services Department**

The **Bridge to Success Program** has become a national model for comprehensive welfare-to-work services. The program offers pre-employment training, case management and supportive services as well as employment and community service placement for welfare recipients transitioning into the workforce. In addition, barrier assessment and resolution strategies are viewed as of utmost importance

to successful long-term employment. By providing both job readiness and job retention training, CITC promotes self-sufficiency and is decreasing dependency upon the Alaska welfare system. For information call 265-5905.

**Supported Work Services** offers on-the-job training, adult work experience and transitional work experience, all designed to help people gain employment by direct participation in the work place. Each component has specific requirements. More information is available by calling 265-5933.

The **Vocational Rehabilitation Program** is a new service added to the Transitional Services Department. Beginning October 1 the program will begin assisting Alaska Native clients who reside in rural areas of the Cook Inlet region to receive case management and supportive services to overcome vocational disabilities and become gainfully employed.

### **The Family Services Department**

**Child Care Assistance** is available based on a sliding income scale and pays up to 97 percent of child care costs. Parents must be at work or in training 20 hours or more per week, or taking six or more credits of higher education courses. The program also offers updates on training, registration, licensing and education for child care providers. Information is available by calling 265-5911.

The **General Assistance Program** provides limited financial assistance to eligible applicants is offered. **Burial Assistance** is also provided to eligible applicants. Call 265-5911.

**Supportive Services** offers small financial grants for transportation, clothing, tools and other work-related expenses. Please call 265-5911 and ask for Supportive Services.

**Interim Assistance** provides emergency housing grants to eligible applicants who are at risk of becoming homeless. For more information, call 265-5911 and ask for Interim Assistance.

The **Family Preservation Program** is designed to provide intervention services to keep families together who are identified as high-risk from abuse or neglect. Weekly parenting classes are offered as well as case management and supportive services. For more information, call 265-5911.

**Social Services** provides counseling, information, referral, outreach and advocacy services to Alaska Natives and Native Americans and their families. Information on

*Continued Page 8*



Cook Inlet Housing Authority has a new address 3510 Spenard Road, Suite 201 Anchorage, Alaska 99503 (907) 276-8822 1-888-667-CIHA (2442) www.ciha-housing.org

# Southcentral Foundation events 1



Participants in Southcentral Foundation's summer intern program visited the Alaska Native Heritage Center.



Over 450 people including staff, family and friends gathered at the SCF company picnic at Russian Jack Park in July.



Katherine Gottlieb, President/CEO (bottom right) and staff gathered with interns at Spirit Lake near Kenai for a retreat.



Southcentral Foundation board members visited with interns at the Spirit Lake retreat.



SCF board member Robert Singyke participates with summer educational subsistence fishing in Kenai.



Southcentral Foundation's Elders Program treated members to a visit to the Alaska State Fair in August.



The summer interns learned how to clean fish courtesy of Kenaitze Indian Tribe members.



MOTTEP Day also featured bone marrow testing for individuals who chose to register as potential donors.



Camp Safe Children First children learned water safety at Potter marsh in July.



MOTTEP Day sponsored by the Multicultural Organ Tissue and Transplant Education Program offered a variety of health information.

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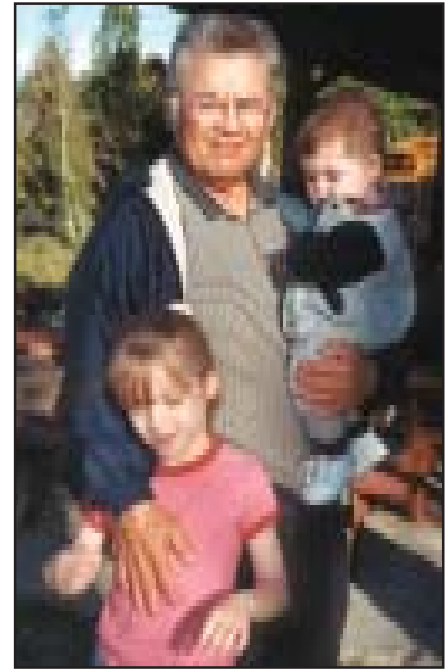
# ents liven up summer



Toby Shugak and granddaughter Tia Nicole enjoyed the SCF company picnic.



Grace Hamner and daughter Augustine enjoy the day at Russian Jack Chalet.



SCF board member James Segura with granddaughter Tearsa Marie Segura and baby Jim Segura enjoyed the picnic at Spirit Lake this summer.



SCF President and CEO Katherine Gottlieb and Vice President, Medical Services Dr. Doug Eby visit at the SCF picnic.



Bernadette Chato, National Native News director; Brian Maracle, instructor for Alaska Native Youth Media Institute (right) present Esther Grosdidier, SCF graduate intern with certificate of completion at ANMC youth banquet.



Kids learn water safety (right) at camp Safe Children First this summer.



SCF board chair Sophia Chase, Katherine Gottlieb, SCF President/CEO, Timothy Grosdidier, graduate intern and Dimitre Coppock, intern, gather at summer event.



As part of their training, the summer interns learned CPR.



SCF hosted a picnic for staff, family and friends.



Cook Inlet Region, Inc. annual shareholder meeting was held in Kenai this summer.



The Indian Health Service held Self Governance meeting in Anchorage, in August.



President Jimmy Carter and wife Rosalyn visited the Alaska Native Medical Center. Mr. and Mrs. Carter greeted employees, visitors and patients. Pictured with Mr. and Mrs. Carter is (left) Vonnie Carole, acting president of Alaska Native Tribal Health Consortium; Katherine Gottlieb, Southcentral Foundation president and chief executive officer; and Kevin Gottlieb, Southcentral Foundation vice president chief of staff.

## President Carter visits the Alaska Native Medical Center

by Joalin Estus, Director  
ANTHC Public Communications

Former President Jimmy Carter and his wife Rosalyn paid a surprise visit to ANMC the afternoon of Aug. 24.

Southcentral Foundation President and CEO Katherine Gottlieb, one of a handful of people who accompanied the couple on the tour, said she was impressed by the Carters' "deep interest in patient care and services."

On a lighter note, Gottlieb described Mrs. Carter's reactions when Gottlieb told her ANMC is owned and managed by Alaska Natives, serving their own people. Gottlieb said "She tugged at President Carter's suit jacket and said 'Did you know this? Did you hear that?'"

The visit to ANMC was Rosalyn Carter's idea, said a Secret Service agent. It may have been prompted in part by her long-standing interest in childhood immunization. ANMC staff said that during the tour Rosalyn Carter asked about immunization rates among Alaska Natives and described initiatives to improve rates in Georgia, her home state.

Rosalyn Carter had also visited ANMC in the mid-1990s, when it was located in a 1950s era building that had been condemned

many years before. "It's remarkable, just beautiful, not at all like the old place," Rosalyn Carter said to ANMC Administrator Dee Hutchison while looking at artwork and the light-filled entryway of the new hospital.

Hutchison said she was impressed and pleased to host the Carters, though their visit came on short notice. "I first got word of it when a Secret Service agent showed up in my office about two hours ago and I thought 'is this some kind of prank?' But it was very exciting and it was absolutely thrilling for the people who got to meet them."

Vonnie Carole, acting president of the Alaska Native Tribal Health Consortium, said Carter was very pleasant as he responded to employees, visitors and patients.

"He shook hands and gave autographs and was open to greeting staff," Carole said. "He told them 'thank you for the good care you give to people.' And he was so kind to the patients they met."

During the tour, given by ANMC Public Relations Manager Charmaine Ramos, the Carters visited a 13-year-old girl with a broken ankle and an 11-year-old cancer patient in the pediatric ward. They also visited two patients in the Intensive Care Unit.

## National Tribal Self-Governance Tribes meet in Anchorage

Southcentral Foundation participated in a National Tribal Self-Governance meeting held in Anchorage on August 9, 2000. Self-Governance tribes from across the nation, such as Oklahoma, Navajo, California, Washington, and others, attended this meeting.

Southcentral Foundation is part of a complex system of health care delivery serving the Alaska Native/American Indian population throughout the Anchorage Service Unit. As a self-governance organization under the Alaska Tribal Health Compact, SCF participates in these national meetings that address contract support cost issues, level of need funding, drafting the initial Title V regulations and other issues relating to the national health concerns.

## Mala is first U.S. citizen named to Academy of Polar Medicine

A delegation from Russia announced at the 11<sup>th</sup> International Congress on Circumpolar Health in early June that SCF's Dr. Ted Mala had been elected to the Russian Academy of Polar Medicine – the first U.S. citizen to receive such recognition.

The academy, based in Novosibirsk, Siberia, Russia is a group of academic medical researchers who conduct scientific health research and teach on all health aspects of the north.

Mala is currently director of tribal relations for Southcentral Foundation. In that capacity he oversees village medical initiatives and traditional healing programs.

Of Inupiat and Russian descent, Mala has a master's degree in public health from Harvard University as well as a medical degree. He has worked extensively with Russia for the past 20 years.

## Harvard's Honoring Nations 2000 recognizes SCF, Alaska Native Tribal Health Consortium



SCF and ANTHC were invited to submit an entry to the Harvard University John F. Kennedy School of Government's prestigious Honoring Nations 2000 award. Finalists to be chosen this fall.

In recognition of joint management of the Alaska Native Medical Center, earlier this year, Southcentral Foundation and the Alaska Native Tribal Health Consortium were invited to submit an entry to the Harvard University John F. Kennedy School of Government's prestigious Honoring Nations 2000 award. The program recognizes contributions in the governance

of American Indian Nations. Of the 70 applications received from 52 Indian nations and multi-nation partnerships, 34 semi-finalists were chosen, including the SCF/Consortium application, entitled "Tribal Management: Alaska Native Medical Center." Sixteen finalists will be chosen this fall for recognition at the National Congress of American Indians.



**Intern nominated for National Youth Leadership Forum on Medicine**

Alison Holzheimer was nominated to attend the 2000 National Youth Leadership Forum on Medicine by Dimond High School. Recommended for academic excellence, leadership potential and intent to pursue a career in medicine, Holzheimer would join other secondary high school students at some of the nation's most prominent and technologically advanced medical institutions. Graduating in May 2000, Holzheimer, was in the SCF intern program and is currently a receptionist/ administrative assistant for SCF.



CIRI held a potlatch for shareholders on the Kenai Peninsula in August.

## CIRI potlatches scheduled

The 16<sup>th</sup> Annual CIRI Friendship Potlatch will be held in Anchorage on Saturday, October 7, 2000 from 11 a.m. to 4 p.m. located at Romig Middle School, 2500 Minnesota Drive Anchorage, Alaska

CIRI will host the Friendship Potlatch in Anchorage to bring shareholders and family members together to celebrate Native cultures and heritage. Exhibits by CIRI non-profit affiliates and a variety of activities are planned. In addition, Alaska Native artisans will share their arts and crafts and performance, and door prize drawings will be held during lunch and featured program. Doors open at 11 a.m. with food served for Elders starting at 11:30 a.m. Food will be served for all others from noon until 2 p.m. The featured program will include a traditional Athabascan cloth ceremony, invocation, Alaska Native dance performances and announcement of the 2000 CIRI Shareholder of the Year. Participants who dress in traditional wear are eligible to win a variety of cash prizes during the special garment and regalia judging contest.

## SCF collaborates with AWAIC

Southcentral Foundation and the Abused Women's Aid in Crisis (AWAIC) collaborate in program development and implementation, sponsoring domestic violence awareness events, educating health care providers and participating in community caucuses.

SCF and AWAIC also network to provide direct services to Alaska Native/American Indian women who are victims of domestic violence.

October is Domestic Violence Awareness month and the SCF team is sponsoring Health Cares About Domestic Violence day in the Primary Care Center lobby October 5, from 10 a.m. to 4 p.m. For more information, contact AWAIC at (907) 272-0100.



Dusty Cowdery, Alaska Native Health Resource advocate for Washington, meets with SCF interns in Anchorage.

## Justice Center provides legal assistance to the community

The Alaska Native Justice Center, in cooperation with Alaska Legal Services and participating local attorneys, provides direct legal advocacy services, technical assistance and referrals for Alaska Natives and Native Americans who are involved as victims or as defendants in the Alaska justice and child welfare systems. ANJC works to bring about changes in the Alaska civil and criminal justice systems to ensure their cultural sensitivity toward Alaska Natives.

ANJC's task is to decrease the number of Alaska Natives represented as clients and victims in the justice and child welfare systems and to increase Alaska Natives employed and proactively involved in these systems as law enforcement, social services, justice professionals, community and tribal

advocates and volunteers.

Through statewide education efforts, ANJC promotes understanding of the justice system by Alaska Natives and understanding of Alaska Native issues by justice system professionals. ANJC designs and implements new approaches to improve Alaska Native access to the civil and criminal justice systems to empower Native communities at the local level to address justice issues.

If your organization or community wants to implement an alternative justice project in your community or if you would like to volunteer your time to assist ANJC with projects or programs, please contact us at 121 Fireweed Lane, Suite 240, Anchorage, Alaska 99503. Phone (907) 278-1122.

## Primary Care patients rave about improvements



Dr. Douglas Eby

At Southcentral Foundation's Primary Care Center at the Alaska Native Medical Center, local patients can now choose their primary care provider and be guaranteed same-day access to that provider for anything they want. The only exception is if the provider is not there that day (due to village travel, working Saturdays or vacations). This also means that patients see the same provider (and the nurses on their team) time after time – each visit building on the previous ones.

Comments from our customers about what they think about this new system: "I've been able to make an appointment on short notice and more than likely with my regular provider." "Faster service." "Seems a lot

easier." "You are given a choice." "... love having a single doctor take care of my needs." "I really enjoy seeing one doctor. Before, I had to re-explain my health problems over and over." "... it's easier because the doctor already knows you..." "I don't have to wait on the phone." "Get right in." "Having one doctor for the whole family is important to us." "Having a single provider makes things more personal." "They have become both easier and faster." The comments go on and on...

"Our patients are happier, our providers are happier and our staff say they would never want to go back to the old way of doing business," reports SCF Vice President of Medical Services Dr. Douglas Eby. "Over the past year, we have learned from our customers what they want and proceeded to design a system around the wants and needs of the patient and the family."

## International recognition for SCF

The most widely read medical journal in the entire world is the British Medical Journal. The journal has had a series of articles on how the English National Health Service can make dramatic improvements.

Southcentral Foundation's Primary Care Center's transformation was featured last month for patient access to services and widespread system improvements. A primary care provider can be chosen and patients are guaranteed to see them on the same day they call unless the provider is not working that day.

The match rate is running over 70 percent; best in the nation is approximately 65 percent. The percentage of open appointments at 8 a.m. is running 50 to 70 percent. The services at ANMC are truly becoming among the best in the world.

Dr. Douglas Eby, vice president of medical services says, "We are truly meeting the mission of ANMC 'A unified native health system, working with our people, achieving the highest health status in the world.'"

## Health Services for Washington

The Alaska Native Health Resource Advocate attended the Cook Inlet Region, Inc. shareholder's potlatch in Tacoma, Washington on September 16, 2000. Dusty Cowdery is an advocate to thousands of Alaska Natives who have moved to Seattle and the surrounding areas. She is a liaison for

those needing health services, Native affairs, social services, legal services, employment, education and program information. Cowdery is currently recruiting for an administrative assistant.

For more information please call 907-729-4935.

Continued from Page 3

these services is available by calling 265-5911.

**New Beginnings/Healthy Homes** offers on-site visits and workshops for parents of young children. Healthy Homes provides home visits, referrals, interagency treatment planning, expedited mental health appointments, drug and alcohol assessments, crisis intervention, short-term counseling and support groups for young parents. Call 265-5911 for more information.

**Indian Child Welfare Help Desk**

The **Indian Child Welfare Help Desk** is now open and ready to assist tribes and social workers managing Indian Child Welfare cases. The Help Desk will serve as the main point of contact for Native families and individuals in need of services. The Help Desk is a joint effort by the Native Village of Eklutna; the Alaska Native Justice Center; the

Department of Families and Youth Services; and Cook Inlet Tribal Council.

The purpose of the ICWA Help Desk is to provide families better access to Native services that support children and their families. The main goal of the Help Desk is to be a resource to the Alaska Division of Family and Youth Services to ensure that the state is able to be in compliance with ICWA. The Help Desk will act as a connection between families, tribes, Native organizations and DFYS. Services provided by this position include a social service directory, assistance in identifying possible tribal affiliation and referrals. The position will also provide assistance to tribes and social workers involved in ICWA cases and act as a referral source for ICWA training and other information.

*The Help Desk can be reached at 1-800-478-4444 ext. 4010 or in Anchorage at 269-4010.*



**Alaska's People, Inc.**

*Alaska's People is seeking Alaskans who need work. We can help...*

Alaska's People, Inc. would like to encourage anyone who is skilled in apprenticeship or journeyman trades including, but not limited to electricians, carpenters, plumbers, pipefitters, millwrights, ironworkers, carpenters, scaffolders, instrument technicians, to come our office and apply for future work. Alaskans who do not reside in the Anchorage area can apply on-line through our website at [www.alaskaspeople.com](http://www.alaskaspeople.com)

Rose Patterson, Freida McCord, John Rine, and William Kost – Employment Specialists at Alaska's People, are ready to assist in your search for employment. AP provides assistance with resume preparation, placement and training referral, and job counseling.

For more information about employment opportunities, please contact: Alaska's People, 2600 Cordova Street, Suite 211, Anchorage, Alaska 99503 (907) 263-7013 or 1-888-553-1213.

## Southcentral Foundation's Community Education Department offers programs for toddlers

Southcentral Foundation's Qiniqsiitaaq Puppet Theater performs puppet skits for schools, community centers, churches and pre-schools. The puppets are hand-sewn from furs and skins by Alaska Native artists.

The puppet theater is designed to educate young children in health promotion and

injury prevention. Topics include healthy behavior, dealing with peer pressure, AIDS and safety issues such as fire danger just to name a few.

Another popular program offered is the car seat loaner program to Alaska Native families. The purpose of this program is to reduce

infant/toddler car crash injuries and fatalities. Program staff is available to teach the clients how to properly install and use the car seats.

Information on both the Qiniqsiitaaq Puppet Theater and the car seat loaner program is available by calling 729-1821.

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(907) 265-4900**



**Office of the President 729-4955**  
**Human Services**  
Behavioral Health 265-4220  
Quyana Clubhouse 278-6619  
Dena A Coy  
Head Start 276-4323  
Early Head Start 258-5477

**Medical Services  
Anchorage Primary Care Center**

**4320 Diplomacy Drive  
Anchorage, Alaska 99508  
(907) 729-3250**

Children's Clinic 729-1000  
Elder Care Program 265-4228  
Family Medicine Clinic 729-3300  
Mental Health 729-2500  
MOTTEP 729-3257  
Urgent Care Center 729-1729  
Women's Health 729-3100  
Nutaqsiivik 729-3260  
Dental Clinic – Fireweed 265-4965  
Dental Clinic – ANMC 729-2000  
Optometry Clinic – Fireweed 265-4263  
Optometry Clinic – ANMC 729-1471  
Mountain View Clinic 278-2268

The programs listed above are only some of the services Southcentral Foundation provides. Please call main office for complete directory.